Products
We keep a full stock of Dermalogica, Essie, Jessica, Jane Iredale and Xtreme products. We offer a mail order service and late pick up service for our clients.

Gift Vouchers
Gift Vouchers can be purchased for any of our treatments and products or for any monetary amount.

Monthly Special Offers
We have a Monthly Special Offer on our treatments and products, which is regularly updated on our website www.handsonhealthbath.co.uk

Couples Specials
Book two relaxation treatments at the same time. Treatments will take place in separate rooms.

	Time	Price
Back, Neck, Shoulders for two	45 mins	£75.00
Complete Top-to-Toe for two	60 mins	£95.00

Hands on Health Indulgence Packages
Let us restore you with a combination of our treatments.

Summer Special
Full Body Polish, Tanning Treatment, Express Manicure, Zen Spa Pedicure, Eyelash Tint 2.5hrs £105.00

Pregnancy Bliss
Pregnancy Friendly Back Massage, Tailored Dermalogica Facial and a Zen Spa Pedicure 2hrs £100.00

Total Tranquillity
Body Polish and a Full Body Massage, Tailored Dermalogica Facial 2hrs £100.00

De-Stress for Men
Full Body Massage, Tailored Dermalogica Facial, Hand and Nail Grooming. 2hrs £100.00

Group Bookings - indulge yourself and your friends

Teen Parties 10 mins from £10.00 per teen
Pamper Parties 30 mins from £29.00 per person.
Private Spa Parties from £55.00 per person at separate venue

Directions
Bathampton is off the A36 as you leave Bath. Take the left fork (signposted village centre) on to Bathampton Lane. Continue down Bathampton Lane until you pass Down lane on your right. Hands on Health can be found 200 yards on the left.

Alternatively, from the M4 take junction 18 and continue on the A46 into Bath. As you come off A46 dual carriage turn left on to the London Road (Bath will be signposted right). Continue past the Wagon and Horses Pub, turning immediately right to go over the Tollbridge (60p toll). Follow the road past The George Pub and over the canal bridge, you will find Hands on Health 200 yards on the right.

Parking
There is free street parking available outside. Alternatively, The George Pub permits free public parking on their gravel car park, which a short walk over the canal bridge and a great excuse for a refreshment after your visit!

Hands on Health
The Old Post Office
High Street
Bathampton
Bath BA2 6SY

Telephone: 01225 462 462

We guarantee exclusive and personal attention so bookings are essential. An answer machine may respond during treatments please leave a message and we will get back to you as soon as possible.

Email: info@handsonhealthbath.co.uk

For more information, please visit www.handsonhealthbath.co.uk

Opening Hours
Monday 9-6pm/8pm*
Tuesday 9-6pm
Wednesday 9-6pm /8pm*
Thursday 9-6/8pm*
Friday 9-6pm
Saturday 9-12pm/5pm*
***Prior booking is required for appointments after 6pm and for Saturday afternoons**
Please note, we require a refundable 50% deposit to secure group bookings and after hours appointments. All cancellations with less than 48 hours notice are non refundable.

hands on health
skincare and therapy centre

therapeautic touch

The allocated treatment times below include consultation time with our therapists, time for changing pre and post treatment and showering if appropriate.

Dermalogica Facial Therapy – customised for you

Face mapping precedes all face treatments.

	Time	Price
Express Facial	40 mins	£35.00
Personalised Facial	60 mins	£45.00
Teenage Mini Facial	20 mins	£20.00
Ultra Dermie Facial	60 mins	£55.00

Discounts are available on pre booked facial courses. Please ask for details.

Add Ons to Facials

Nail tidy	10 mins	£10.00
Back Massage	20 mins	£20.00
Eye treatment	10 mins	£10.00
Eyebrow tidy	10 mins	£8.00
Eyelash tint	10 mins	£10.00

Jane Iredale Skin Care Make Up

We use a range of natural mineral make-up recommended by dermatologists and plastic surgeons.

Make Up Consultation	30 mins	£30.00
Wedding Make Up	Individual Pricing	

Eye Care

Clients require a patch test 24hrs prior to tinting.

Eyelash tint	20 mins	£18.00
Eyebrow tint	10 mins	£8.00
Eyelash and eyebrow tint	25 mins	£20.00
Eyebrow shape/wax	15 mins	£12.00
Eyelash Perming (inc tint)	60 mins	£45.00
Xtreme Eyelash Extensions fullset	2hrs	£100.00
Xtreme Eyelash Extensions infills	50 mins	£45.00
Xtreme Eyelash Extensions flicks/infills	30 mins	£30.00
Xtreme Eyelash Removals	30 mins	£30.00

Electrolysis

Semi-permanent hair removal	10 mins	£10.00

Waxing

Half Leg	20 mins	£18.00
Half Leg & Bikini	30 mins	£30.00
Three quarter leg	25 mins	£20.00
Full Leg	30 mins	£25.00
Full leg & Bikini Line	45 mins	£35.00
Bikini Line	15-30 mins	£15-£30.00
Underarm	15 mins	£10.00
Forearm	15 mins	£12.00
Lip or Chin	10 mins	£8.00
Lip & Chin	15 mins	£15.00
Full Leg, Bikini, Underarm & Eyebrows	60 mins	£50.00
Men's Back or Chest	20 mins	£22.00
Back, Chest & Shoulder	45 mins	£45.00

Dermalogica Thermal Body Therapies

Skin solutions for the body. Body mapping and dry body brushing precede all thermal body therapies.

Back Purification	45 mins	£40.00
Body Polish	30 mins	£30.00
Ultimate Body Polish	60 mins	£60.00
Power Recovery Wrap	75 mins	£70.00
Body Hydro Wrap	75 mins	£70.00
Nourishing Sea Mud Wrap	75 mins	£70.00
Deep Thermal Therapy		
with Thermal Stamp	75 mins	£70.00
with mudwrap	90 mins	£90.00

Tanning Treatments

Luxurious treatments for a natural-looking and safe tan, we recommend St Tropez or Origins.

Self-Tanning, full body (inc scrub)	40 mins	£40.00
Self-Tanning, application only	20 mins	£20.00
Self-Tanning, legs (inc srub)	20 mins	£15.00
Self-Tanning, application only	10 mins	£10.00

Hands

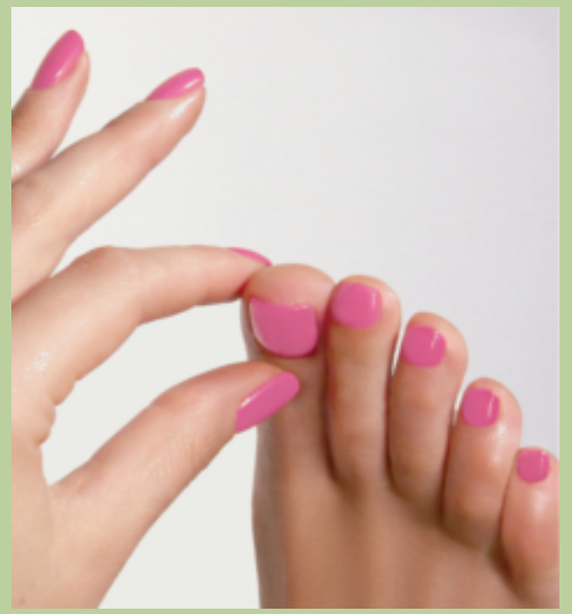
Please allow time for a relaxing drink after your polish has been applied to allow it to dry thoroughly.

File & Paint	20 mins	£20.00
Express Manicure	30 mins	£25.00
French Manicure	40 mins	£27.00
Prescriptive Manicure	60 mins	£30.00
Deluxe Manicure with Thermal Therapy	75mins	£35.00
Paraffin Wax Treatment	30 mins	£20.00

Jessica GELeration

GEL Ultimate manicure	60 mins	£40.00
GEL Refresh manicure	30 mins	£30.00
GEL French manicure	70 mins	£45.00
GEL Pedicure	60 mins	£45.00
GEL Removals	30 mins	£10.00

Please allow 30 mins for GEL removal, if you are having another nail treatment, there will be no charge.



Feet

File & Paint	20 mins	£20.00
Express Pedicure	30 mins	£27.00
Zen Spa Pedicure	60 mins	£35.00
Deluxe Pedicure with Thermal Therapy	75 mins	£45.00
Paraffin Wax Treatment	30 mins	£20.00
Platinum Detox	35 mins	£20.00

Specialist Massage

Tailored to suit your specific needs.

Full Body Massage	60 mins	£50.00
Just Back or Just Legs	30 mins	£30.00
Aromatherapy Top-to-Toe	90 mins	£60.00
Aroma Back, Neck & Shoulder	45 mins	£40.00
LaStone Therapy	90 mins	£75.00
*LaStone Facial	60 mins	£55.00
Back LaStone Therapy	45 mins	£50.00
Indian Head Massage	30 mins	£30.00
Reflexology	60 mins	£35.00
Reflex Foot Massage	30 mins	£20.00
Thai Foot Massage	60 mins	£35.00
Thermo-Auricular Therapy (Ear Candling)	45 mins	£40.00
Lava Shell Back Massage	30 mins	£35.00
Lava Shell Core Massage (inc tummy)	45mins	£40.00
Lava Shell Full Body	60mins	£65.00
Lava Shell Full Massage (inc tummy)	90mins	£75.00
* Acupressure Masssage	30 mins	£30.00
*Reiki	60 mins	£45.00
*Marmassage	60 mins	£45.00
*Shirodhara	60 mins	£45.00
*Marmassage & Shirodhara	90 mins	£75.00
	60 mins	£55.00

*Advanced bookings only

If you enjoy your treatment your personal recommendation is greatly appreciated.